



# KNIGHT LETTER

February 2015

COUNCIL 816 MARY QUEEN OF THE KNIGHTS

## Grand Knight's Report

Fasting and Feasting

My Dear Brothers,  
Lent should be more than a time of fasting. It should also be a joyous season of feasting. Lent is a time to fast from certain things and feast on others. It is a season in which we should:

- Fast from judging others; feast on the Christ indwelling them.
- Fast from emphasis on differences; feast on the unity of all life.
- Fast from thoughts of illness; feast on the healing power of God.
- Fast from words that pollute; feast on phrases that purify.
- Fast from discontent; feast on gratitude.
- Fast from anger; feast on patience.
- Fast from pessimism; feast on optimism.
- Fast from worry; feast on divine order.

[www.kofc816.org](http://www.kofc816.org)



**Why aren't all  
Catholic men  
Knights?  
They weren't asked!  
Ask a fellow Parish-  
ioner,  
You'll be surprised!**

- Fast from complaining; feast on appreciation.
- Fast from negatives; feast on affirmations.
- Fast from bitterness; feast on forgiveness.
- Fast from self concern; feast on compassion for others.
- Fast from discouragement; feast on hope.
- Fast from suspicion; feast on truth.
- Fast from thoughts that weaken; feast on promises that inspire.

Dear Lord Jesus, by your passion and resurrection you brought life to the world. Please feast on this holy season by attending daily mass and the stations of the cross during Lent.

God Bless You Sebastian P.  
Vaccaro  
Grand Knight

## 2015 Council Dues

The notices for your 2015 dues have been mailed out. If you have not received them yet, please contact Ray Barnes, Financial Secretary (732.998.0882). If you have received the notice, please send in your dues as soon as possible. These funds keep our Council and home operating.

Did you know that you can apply for financial relief from your dues if you are physically handicapped or challenged? Please contact your Financial Secretary for information.

# The Spiritual Corner

by Deacon John Kopcak PGK

## A reflection in anticipation of the coming season of Lent

A number of years ago an elderly man with a huge ego invited about ten friends to go to the art museum with him. He couldn't wait to bring attention to himself by flaunting his expertise as an art critic in front of his friends. In his haste to make himself the center of attraction the near sighted old man left his glasses behind.

Noticing a frame in front of him he approached the front of the gallery with all of his friends. He began his criticism of the figure in front of him. As he spoke more and more people gathered around him. "That frame," he said, "does not go with the background. The subject itself is extremely ugly and does not belong as the subject of art. The artist should have chosen a face that shows some integrity." His wife who had been trying to work her way through the crowd finally reached him and said very quietly, Dear, you are standing in front of a mirror."

The gospel for Ash Wednesday is about people like that. The Pharisees focused on themselves while they were praying, helping the poor or fasting. They were doing good things with their focus in the wrong place. Their focus should have been on God. Lent as we all know is a time of prayer, fasting and giving to the poor and we should continue to do those things. But it is also a period of conversion, a period of change, a time of turning away from sin and being faithful to the Gospel. We can begin our conversion by changing our focus from ourselves to God. It's something that we can do without much disruption in our daily life. We can begin each day by telling God that we offer all our prayers, good works, joys and sufferings to Him. When we pray, pray with sincerity and feeling. Talk to God as if he were a friend. As we go about our busy lives make a conscious effort to see and feel God's presence. If we help someone in need because we feel sorry for them remember that the compassion we feel is the presence of God in our life telling us to help. If we are good at something and get a feeling of accomplishment thank God for giving us that gift. If we help the poor try to see the suffering Christ in their eyes. If we are at work or at school and someone annoys us and we hold our temper because it might cause trouble if we don't try to remember that they are also creatures of God and He wants us to love and respect them. By making God our focus and bringing Him into our lives we will turn away from sin and be faithful to the Gospel.

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**Don't forget  
this month's  
Meeting Dinner  
7 PM.**

Field Agent  
Frederick J. Hammond, .  
Please feel free to contact him at  
973-713-0492  
or [Fred.Hammond@kofc.org](mailto:Fred.Hammond@kofc.org)  
with any insurance or annuity questions

## February Birthdays

Brothers,  
Happy Birthday!  
Joseph Abbruscato  
Edward Bertini  
Richard Coscarelli  
Gerald D'Imperio  
James Emmons PGK  
Robert Goehring  
Ralf Latif  
Don Lee  
Scott Lintzenich  
Mark Murtagh PGK  
Joseph Palaia  
John Pisano  
Joseph Phillips PGK  
Mickey Pondaco PGK  
Phillip Pondaco  
Thomas Robertson  
Charles Uliano

## February 14, 2015 \*

St, Valentine's Day

Dinner Dance

At the Council Home

6 PM Hors-d'oeuvres

Roast Beef Dinner at 7 PM

\$ 10.00 per person

BYOB

RSVP: GK Sam Vaccaro 732-762-2609

or

Joe Lynch PGK 732-682-1331

\* Because of the unavailability of several of the Ladies Aux., we are canceling the recognition part of the evening.

We will reschedule it after Easter.

### February Events

Feb 5 Officer's Meeting

Feb 12 Business Meeting 8 PM w/ Dinner at 7 PM

Feb 14 St.Valentine's Dinner Dance

Feb 14 & 15 Membership Drive & Altar

Servers Recognition Holy Innocents

Feb 22 Breakfast Buffet

Upcoming Events

March 5 Officer's Meeting

March 7 & 8 ARC Drive

March 21 Pasta Dinner

March 22 Communion Breakfast / Brunch after the 12 O'Clock Mass.

March 22 Breakfast Buffet 9 AM to 11:30 AM

April 10 Pride in Priests Dinner

April 11 & 12 ARC Drive

April 12 Ascension Church Child ID Kit distribution

April 18 Birthright Dinner

April 19 Holy Innocents Child ID Kit distribution

June 4 Annual Golf Tournament

July 11 Blue Claws Game

### Kids with Cancer

We are looking to assist Jersey Shore Medical Center with their "Kids with Cancer" services. Donations of boys/girls pajamas (size 6 and below) or latex-free band-aids are being collected. Please contact Ray Barnes (732.998.0882) for information

### Good of the Order

"As a reminder, it is the responsibility of all Brothers to inform either the Grand Knight Sebastian P. Vaccaro(732-762-2609) , or the Financial Secretary Ray Barnes (732-998-0882) upon the learning of the death of any K of C Brother, so proper actions can be taken. Don't assume that the GK or FS automatically know about all Brother's deaths, sometimes they need your help!"

### Troop Morale-Soldier Boxes

Council #816 is dedicated to supply our troops with "care packages". These donations are collected year-round and are sent to our troops in Iraq and Afghanistan four times a year. Unscented toiletries and personal care items are needed, individual snacks and entertainment items or anything that shows them that we care. We will be shipping the next collection in February, which is also Girl Scout Cookie month. Donations of cookies and care items are on the list. God Bless our Troops.

### **Editor's Note**

We will be conducting our annual ARC drive  
on

March 7 & 8 and April 11 & 12.

Brothers, We need your help! Volunteer an hour or two to help collect badly needed funds for the ARC. The programs that ARC has for their clients are remarkable and need our support. A good deed done during Lent or in Eastertide couldn't hurt. To schedule your time to help please call:

DGK Herb Hagmann 732-245-5388.

Thanks and God bless